

## Quick Chicken Tacos

With this recipe, you'll be able to get dinner on the table quicker than you can go through the drive thru at taco bell. This is a great way to use canned chicken.

**Makes:** enough taco meat for 2 adults and 4 kids

**Takes:** about 10 minutes start to finish

### Ingredients

2 cans of chicken (10 to 12 oz cans)

1 (1 oz) package of taco seasoning mix (I always use a low sodium mix)

1 cup water

Tortillas

Taco toppings (lettuce, tomato, cheese, avocado, bell peppers, onions, sour cream, salsa)



### Cooking Tools Required

1 skillet

Stirring spoon

### Directions

1. Open chicken and drain water
2. Pour drained chicken into a wide skillet and cook over medium high heat for 1-2 minutes
3. Add taco seasoning packet and  $\frac{3}{4}$  cup water
4. Bring to a boil, then turn heat down to low and simmer for 5 minutes
5. Serve inside tortillas with your favorite taco toppings (lettuce, cheese, tomatoes, bell peppers, sour cream, onions, salsa etc)