

# Polar Bear Pears with Cottage Cheese

We frequently eat cottage cheese with pears for lunch at our house. Canned fruit is a staple at our house in the winter when fresh fruit is expensive. This recipe adds a little bit of fun to a familiar food. Raisins are a choking hazard for children less than 1 year of age, be sure your child can chew and swallow raisins before serving them.

**Makes:** 1 bear **Takes:** 2 minutes

## Ingredients:

2 canned pear halves  
12 raisins  
¼ cup cottage cheese  
5 banana slices



1. Place pear halves cut side down on a plate
2. Have your child cut bananas
3. Put the bananas on the bear for ears, hands and muzzle
4. Place raisins to make eyes, a mouth and paws. You will have to bite the nose and mouth raisins to get them to the right shape.
5. Enjoy your snack together! Try reading "Polar Bear, Polar Bear, What Do You See" by Eric Carle after eating.