

# Cabbage and Ramen Salad

This is one of my top 5 favorite foods. I've been making it since I was about 12. I ate this at least 3 times a week during college. I love dry ramen noodles and I love cabbage. This cheap, easy, healthy recipe hits the spot on a hot summer day, or any day that you need dinner in 10 minutes.

**Makes** enough salad for 2 adults and 3 small children

**Takes** about 10 minutes start to finish

## Ingredients

### Salad:

1 bag coleslaw mix (bagged salad mix of cabbage and shredded carrots)

**OR** if you don't have the bag mix, you can use 4 cups shredded cabbage and 1 shredded carrot

1 package chicken flavor ramen noodles

1 bunch green onions, sliced thin

Optional: 1 chicken breast, cooked and shredded **and/or** ½ cup slivered almonds

### Dressing:

¼ cup canola or olive oil

¼ cup rice vinegar (unseasoned)

2 Tablespoons white sugar

1 package seasoning from ramen noodle package

### Directions:

1. In a large bowl, mix together cabbage and green onions
2. In a small bowl, whisk together oil, vinegar, white sugar and seasoning packet until sugar is dissolved
3. Pour dressing over cabbage and toss to combine
4. Break the ramen noodles over the top of the cabbage and put chicken on top if desired
5. Serve cold.